

Welcome

At **The Vila**, we treat individuals aging 18 to 59 years old with professional care services fit for their mental issues and developmental disabilities. Having the experience and authority to administer treatment programs and mental health therapy, we provide the service to our clients - hoping to help them manage their lives better.

Patients who show promise and recover are recommended to rejoin their families and communities while those with more demanding cases continue their treatment with us. We are hopeful that we can help our clients or at the very least, give them avenues to express themselves, become more confident and celebrate their individuality despite their conditions.

We understand the trials the family members have to go through. Our management maintains constant communication with them and also offers support programs that alleviate their situations. All aspects of our services are directed towards adaptability of clients and family members to the mental issues and developmental deficiencies they experience.



The Vila

CONTACT INFORMATION

The Vila #1

393 East San Fernando St.
San Jose, California 95112
Co-Ed: Lic. # 435201797

The Vila #2

64 and 68 South 10th St.
San Jose, California 95112
Men only: Lic. # 435200495

The Vila #3

27 and 41 South 11th St.
San Jose, California 95112
Co-Ed: Lic. # 435200570

WWW.CNBARCF.COM



The Vila

P.O. Box 51655, San Jose, California 95151
Lic. # 435201797, Lic. # 435200495, Lic. # 435200570

"Restoring Dignity through Compassionate Care"



CALL US TODAY!
408-903-3151
cmbarcf@sbcglobal.net

About Us

Our predecessor (The Vila) has been serving our clients since 1993. We pride ourselves in serving ambulatory adults from ages 18 to 59 years old, with challenging mental issue/illness. CNBA started as a six (6) licensed beds facility by Community Care Licensing, and today has grown to a larger facility within this community.

The Vila addresses the issues of lack of adequate housing and builds trust, partnership, and supporting choices for our clients.

Ms. Nelly Amas, owner and operator of The Vila e3 Facility, is an experienced administrator/nurse who has worked with clients in medical e3 mental health locked facilities. She has great experience communicating with her clients and people.

The Vila has been recognized and has received numerous commendations by many qualified service agencies, hospitals, case managers, social workers, conservators, and representatives payee office for the care and therapeutic services provided by the culturally diverse and sign-language competent staff. We are successful in the promotion of independence and growth.

Our Services

Program services are designed and implemented to further normalization and enable residents to achieve their highest potential. These services are based on needs identified through the assessment of the individual resident and include training in the following areas:

- ♥ Physical activities
- ♥ Communication Skills
- ♥ Social Rehabilitation
- ♥ Self-care of ADL's
- ♥ Sensory Motor
- ♥ Independent Living Skills
- ♥ Leisure Activities
- ♥ Vocational/Academic Training
- ♥ Behavioral Management
- ♥ Life Management skills
- ♥ Assertion
- ♥ Discharge Planning
- ♥ Emotion Identification
- ♥ Exercise
- ♥ Goal setting
- ♥ Stress Management
- ♥ Motivation
- ♥ Time Management
- ♥ Value Clarification
- ♥ Risk Taking
- ♥ Sleep
- ♥ Self-esteem
- ♥ Self-Awareness
- ♥ Role satisfaction
- ♥ Leisure
- ♥ Support Systems
- ♥ Nutrition
- ♥ Problem solving

Talk to us about how we can help you. Our hands are free to give you the assistance you need in the areas of your life that you want to regain control over.



Why Choose Us

Our facility has been recognized for our success in intensive rehabilitative training and therapy in the areas of:

- ♥ Living and control of diabetes
- ♥ Hearing impaired
- ♥ Severe deficits in self-help
- ♥ Dual diagnosis
- ♥ Medical Issues
- ♥ Disruptive and self injurious behavioral challenges

We touch other disciplines and areas of residential care too. The The Vila is always open to help you with your care needs for yourself or a loved one.

Amenities

The Vila offers the following amenities in the three homes that we maintain:

- ♥ A room (private or semi-private)
- ♥ Twenty-four hour supervision
- ♥ Three nutritious daily meals
- ♥ Special diets
- ♥ Snacks
- ♥ Housekeeping services
- ♥ Laundry services
- ♥ Personal care
- ♥ Assistance
- ♥ Supervision of medications
- ♥ Transportation to medical and dental appointments (if necessary)
- ♥ Social and recreational activities
- ♥ If desired, transportation to worship services